WIMM Methods and Techniques Course

CONFOCAL MICROSCOPY







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Lecture Goals

• To develop a brief familiarity with what you can achieve with light microscopy

• To develop a basic understanding of how a confocal microscope works

 To be able to identify ways to optimize your microscopy acquisition

Outline

- Survey of Image Examples from the Wolfson Imaging Centre
- Introduction of Light Microscopy
- Brief Review of Fluorescence
- The importance of understanding the microscope objective
 - Magnification
 - Resolution
 - Abberations
 - Working distance
- Confocal Microscopy
- Two-photon Microscopy
- Spinning disc confocal
- Summary







The Wolfson Imaging Centre – Oxford was established in 2012 with funds received from the Wolfson Foundation. The facility contains a diverse range of wide-field and confocal microscopes suitable for imaging specimens ranging in complexity from single cells to small laboratory animals.

The Centre is open for access to internal and external users at modest fees. Click \underline{here} for pricing.

For access please contact either the Scientific Director of the Centre, <u>Dr. Christian Eggeling</u>, or the Facility Manager, <u>Dr. Christoffer Lagerholm</u>.



STED/Confocal image of Acetylcholine Receptor Clusters in Myotubes Anti-ACR /Alexa488-anti-IgG Leica SP6 Gates STED Miroscope Dr. Judith Cossins / Prof. David Beeson Molecular Neurosciences Dr. B. Oristoffer Lagerholm / Dr. Christian Eggeling Weatheral Turktue of Molecular Medicine

Wide-field & TIRF	
<u>Delta Vision Elite Live Cell</u> <u>Imaging System</u>	•
Olympus IX83 TIRF	ø
Confocal	
Zeiss 510 Inverted Confocal	ø
Zeiss LSM 780 Confocal Microscope - Inverted Microscope	ø
Zeiss LSM 780 Multi-Photon / Confocal Microscope	ø
Zeiss Spinning Disc Confocal	ø
Super-resolution	
Leica SP8 Gated STED	ø
Data Analysis	
Imaris	ø
Huygens	ø
Data Storage	
<u>Omero</u>	ø
Internal Links	
Image Gallery	ø
Pricing	ø
Progress Reports	ø
Imaging Resources (internal)	ø
External Links	
Micron	ø
NanO	ø

Wolfson Imaging Centre

Oxford

Equipment

Wide-field & TIRF

- Delta Vision Elite Live Cell Imaging System
- Olympus IX83 TIRF

Confocal

- Zeiss 510 Inverted Confocal
- Zeiss 780 Inverted Confocal
- Zeiss 780 Upright Confocal
- Zeiss Spinning Disc Confocal

Super-resolution

Leica SP8 Gated STED

Data Analysis

- Imaris
- Huygens
- Data Storage
- -



Wolfson Imaging Centre – Microscopes I

Deltavision Elite Wide-field Microscope



Zeiss Observer Spinning-disc Confocal Microscope



Olympus IX83 Total Internal Reflection Fluorescence Microscope



Leica SP8X Inverted Confocal and gSTED Microscope



Wolfson Imaging Centre – Microscopes I

Zeiss 780 Upright Confocal and Multiphoton Microscope



Zeiss 780 Inverted Confocal Microscope



Zeiss 880 Inverted Confocal Microscope



Imaging cell division in HeLa cells (H2B-GFP) Deltavision Elite Wide-field Microscope



Activation of macrophages in ex vivo mouse spleen (CD68-GFP)

Prof. Robin P Choudhury & Naveed Akbar, Department of Cardiovascular Medicine

Zeiss 780 Upright Multi-photon Microscope



Non-sensitized DNA damage response on Zeiss Multi-photon with λ =720 nm (pixel dwell time=6 µs, 10 iterations)

Dr. Martin Cohn, Yasunaga Yoshikawa & Dr. Ian Dobbie, Dept of Biochemistry



3D reconstructions of immunolabeled whole mount mouse embryos (E10.5). Prof. Marella de Bruijn & Dr. Emanuele Azzoni, MHU

Zeiss 780 Upright Confocal Microscope



Blood vasculature (CD31; red) and hematopoietic clusters and hematopoietic cells (c-Kit; light grey)

Prof. Roger Patient & Dr. Jana Koth, MHU

Zeiss 780 Upright Confocal Microscope



5 days old zebrafish embryo: antibody staining for cardiomyocytes (green), tcf21-expressing epicardial cells (red), muscle myosin (yellow) and raldh2 (blue)

Two-photon Microscopy of Neuromuscular Junction Endplates Yu Cheung / Richard Webster / Susan Maxwell /Prof. David Beeson



Scale Bar = 100 μ m

Scale Bar = 10 μ m

Neurofilament (Green) / Bungarotoxin/AChR (Red) / Second Harmonic Generation (Blue)

Super-resolution Comparison (STED, SIM, STORM) Dr. Eva Wegel & Ian Dobbie, Dept. of Biochemistry

Confocal

gSTED









What is a microscope?



Classic compound microscope

Relevant spectra for Microscopy



Light is electromagnetic radiation. What we usually describe as light is only the visible spectrum of this radiation with wavelengths between 400nm and 700nm.

There are 3 basic dimensions of light

- a) Intensity (amplitude) which is related to the perception of brightness
- b) Frequency (wavelength), perceived as colour
- c) Polarization (angle of vibration) which is not or weakly perceptible to humans

Useful size range for light microscopy



Brief Review of Fluorescence



Spectral properties of Molecular Probes Alexa Fluor dyes



Max (nm) * Max (nm) * Alexa Fluor 350 346 442 Blu Alexa Fluor 405 402 421 Blu Alexa Fluor 430 434 539 Yel	ie low-green een een
Alexa Fluor 350 346 442 Blu Alexa Fluor 405 402 421 Blu Alexa Fluor 430 434 539 Yel	ie low-green een een
Alexa Fluor 405 402 421 Blu Alexa Fluor 430 434 539 Val	ie low-green een een
Alexa Eluor 130 131 539 Vel	llow-green een een
	een een
Alexa Fluor 488 495 519 Gre	een
Alexa Fluor 514 518 540 Gre	
Alexa Fluor 532 531 554 Yel	low
Alexa Fluor 546 556 573 Ora	ange
Alexa Fluor 555 555 565 Ora	ange
Alexa Fluor 568 578 603 Red	d-orange
Alexa Fluor 594 590 617 Rec	d
Alexa Fluor 610 612 628 Rec	d
Alexa Fluor 633 632 647 Far	-red
Alexa Fluor 635 633 647 Far	-red
Alexa Fluor 647 650 668 Far	-red
Alexa Fluor 660 663 690 Ne	ar-IR §
Alexa Fluor 680 679 702 Ne	ar-IR §
Alexa Fluor 700 702 723 Ne	ar-IR §
Alexa Fluor 750 749 775 Ne	ar-IR §
Alexa Fluor 790 782 805 Ne	ar-IR §

* Approximate absorption and emission maxima, in nm, for conjugates.

⁺ Typical emission color seen through the eyepiece of a conventional fluorescence microscope with appropriate filters.

[‡] Extinction coefficient of the reactive dye at emission maximum in cm⁻¹M⁻¹.

\$ Human vision is insensitive to light beyond ~650 nm; it is not possible to directly view far-red- and near-IR-fluorescent dyes.

sion Color +	Extinction
	Coefficient ‡
	19,000
	35,000
w-green	15,000
n	73,000
n	80,000
w	81,000
ge	112,000
ge	155,000
orange	88,000
	92,000
	144,000
ed	159,000
ed	140,000
ed	270,000
-IR §	132,000
-IR §	183,000
-IR §	205,000
-IR §	290,000
-IR §	260,000

Fluorescence quantum yields (QY) and lifetimes (т) for Alexa Fluor dyes—Table 1.5

Alexa Fluor Dye *	QY †	τ (ns) ‡
Alexa Fluor 488	0.92	4.1 §
Alexa Fluor 532	0.61	2.5
Alexa Fluor 546	0.79	4.1
Alexa Fluor 555	0.10	0.3
Alexa Fluor 568	0.69	3.6 §
Alexa Fluor 594	0.66	3.9 §
Alexa Fluor 647	0.33	1.0
Alexa Fluor 660	0.37	1.2 **
Alexa Fluor 680	0.36	1.2
Alexa Fluor 700	0.25	1.0
Alexa Fluor 750	0.12	0.7

* Measurements were made on free succinimidyl ester derivatives in aqueous solutiuons. + For Alexa Fluor 488. Alexa Fluor 532, Alexa Fluor 546, Alexa Fluor 555, Alexa Fluor 568, Alexa Fluor 594 and Alexa Fluor 647 dyes, QY measurements were made in PBS (50 mM potassium phosphate, 150 mM NaCl, pH 7.2) at 22°C relative to fluorescein in 0.01 M NaOH (QY = 0.92). For Alexa Fluor 660, Alexa Fluor 680, Alexa Fluor 700 and Alexa Fluor 750 dyes, QY measurements were made in PBS (50 mM potassium phosphate, 150 mM NaCl, pH 7.2) at 22°C relative to Alexa Fluor 647 succinimidyl ester in PBS (QY = 0.33). ‡ Except for the footnoted values, lifetime measurements were made in water at 22°C, data provided by ISS Inc. (Champaign, IL). § Lifetime measurements were provided by the SPEX Fluorescence Group, Horiba Jobin Yvon Inc. ** Lifetime measurement was made in pH 7.5 buffer at 20°C by Pierre-Alain Muller, Max Planck Institute for Biophysical Chemistry, Göttingen.

Fluorescent proteins

(Nobel Prize in Chemistry in 2008 to Martin Chalfie, Osamu Shimomura, and Roger Y. Tsien)



The US company Yorktown Technologies markets to aquarium shops green fluorescent zebrafish (GloFish) that were initially developed to detect pollution in waterways.(not allowed in the EU)

The importance of understanding the microscope objective

- Magnification
- Resolution
- Abberations
- Working distance

The microscope objective



Plan- Flat field Correction

What is magnification?

Magnification is defined by the

magnification by the objective x the magnification by eyepiece

BUT maximum magnification does not mean maximum resolution!

Example from Richard Parton, Dept. Of Biochemistry, Oxford









Krebs Tower, Department of Biochemistry, Oxford Google Earth, from 50m





myny magnification!

e 1251 lichiere Ari à Dealty





What is resolution?

Resolution describes the minimal distance of two points that can be distinguished.



Picture taken from http://microscopy.fsu.edu/primer/anatomy/numaperture.html

The Point Spread Function (PSF)













Measured

3D PSF



Numerical aperture, NOT magnification limits resolution!



The numerical aperture (NA) of an optical system is a dimensionless number that characterizes the range of angles over which the system can accept or emit light. The term is used in microscopy to describe the acceptance cone of an objective (and hence its light-gathering ability and resolution)



A lens with a larger NA will be able to visualize finer details and will also collect more light and give a brighter image than a lens with lower NA.

Numerical Aperture (N.A.)

Depth of Field Ranges





Numerical Aperture = N.A. = $n \cdot sin \alpha$

 α is half the opening angle of the objective.

n is the refractive index of the immersion medium used between the objective and the object.

(n = 1 for air; n = 1.51 for oil or glass)

Calculating Lateral Resolution: The Rayleigh Criterion

Convolved by microscope

Not resolved

Airy patterns must Overlap by less Than 42% of the Maximal intensities

Just

resolved



D = the distance between the two closest points that can still be distinguished

D=1.22 $\lambda/(NA_{obj}+NA_{cond})$ Epi-Fluorescence: NA_{cond} = Na_{obi}

Limit of resolution $\approx \lambda_{em}/2$

Axial Resolution:

Resolution is worse in the axial dimension (along the optical axis, Z)

Than it is in the lateral dimension (XY)

D_{XY}=1.22 λ/2NA_{obj}------ 227 FWHM

The relationship between the two is:

 $D_z/Dxy = 3.28\eta/NA_{obj} \approx 3$



More from the objective

Objectives can be classified into transmitted light and reflected-light (Epi) versions.



60x Plan Apochromat Objective



60x Plan Apochromat Objective
Objective types

elimination of chromatic errors flatness of the intermediate image

• CP-Achromat

Good colour correction – exactly for two wavelengths. Field flatness in the image center, refocusing also covers the peripheral areas. For fields of view up to dia. 18 mm. Versions for phase contrast.

Achroplan

Improved Achromat objectives with good image flatness for fields of view with dia. 20 or even 23 mm. Achroplan for transmitted light and Achroplan Ph for phase contrast.

• Plan-Neofluar

Excellent colour correction for at least three wavelengths. Field flattening for the field of view with dia. 25 mm. Highly transmitting for UV excitation at 365 nm in fluorescence. All methods possible, special high-quality variants are available for Pol and DIC.

• Plan-Apochromat

Perfect colour rendition (correction for four wavelengths!). Flawless image flatness for fields of view with dia. 25 mm. Highest numerical apertures for a resolving power at the very limits of the physically possible.



Spherical aberration

Spherical aberration causes beams parallel to but away from the lens axis to be focussed in a slightly different place than beams close to the axis. This manifests itself as a blurring of the image.



The effect of spherical aberrations on images.



Mitotic spindles of HeLa cells were stained for microtubules (green), centrosomes (red), and chromosomes (blue)

North A. JCB 2006;172:9-18

Oils of different refractive index were used to demonstrate the spherical aberrations caused by mismatch between lens immersion medium and sample.





Chromatic aberration

Chromatic aberration is caused by a lens having different refractive indexes for different wavelengths. Since the focal length of a lens is dependent on the refractive index, different wavelengths will be focused on different positions in the focal plane. Chromatic aberration is seen as fringes of colour around the image.



It can be minimised by using an achromatic doublet (= achromat) in which two materials with differing dispersion are bonded together to form a single lens.

The effect of chromatic aberrations on images



North A. JCB 2006;172:9-18

JCB



60x Plan Apochromat Objective

60x Plan Apochromat Objective





60x Plan Apochromat Objective

60x Plan Apochromat Objective



Objective

<u>Coversl</u>	ip-types:	
1:	0.13 - 0.17 mm	
1.5:	0.16 - 0.19 mm	
2.0:	0.19 - 0.23 mm	

Summary - Objectives

- Know your objectives (Magnification, NA, Immersion media)
- Match your objective to your sample (Immersion media, Working distance)
- Be very careful with the objectives!

Confocal Microscopy

Wide-field Microscopy



Laser Scanning Confocal Microscopy



Triple-labeled cell aggregate in mouse intestine section (Carl Zeiss. Confocal Laser Scanning Microscopy)

Wide-field Microscopy



Problem – fluorescence is emitted along entire illuminated cone, not just at focus

The confocal microscope



Scan excitation spot point-bypoint to build up image

Confocal optical path



The Point Spread Function (PSF)



What do you get?

Axial PSF Intensity Profiles



Importance of proper adjustment of Zoom in Confocal

Nyquist sampling theorem - lateral

The <u>size of the pixel should be 2-2.5x</u> smaller than the lateral optical resolution to realize maximum optical resolution A **bandlimited continuous**-time signal can be sampled and perfectly **reconstructed** from its samples if the waveform is sampled over twice as fast as it's highest frequency component.



44 x 44

22 x 22

and the second

11 x 11

Consequences of not sampling at Nyquist

Oversampling

- pixels small compared to the optical resolution
- specimen needlessly exposed to light
- image needlessly large

Undersampling

- degraded spatial resolution
- photobleaching reduced
- image artefacts (eg. Aliasing interference patterns)

But beware because **image brightness** is dependent on both the magnification and the NA where I \sim NA⁴ / M²



Adjustment of pin hole size for image optimization



Х

Resolution is limited by the point-spread function

Airy disk radius

Airy disk radius $\approx 0.61 \lambda /NA$



Y

How big should your pinhole be?



Width of point spread function at pinhole: Airy disk diameter × magnification of lens

How big should your pinhole be?

- Width of point spread function at pinhole = Airy disk diameter × magnification of lens = 1 Airy unit
 - = resolution of lens × magnification of lens × 2
 - 100x / 1.4 NA: resolution = 220nm, so 1 Airy unit = 44 μm
 - 40x / 1.3 NA: resolution = 235nm, so 1 Airy unit = 19 μm
 - 20x / 0.75 NA: resolution = 407nm, so 1 Airy unit = 16 μm
 - 10x / 0.45 NA: resolution = 678nm, so 1 Airy unit = 14 μm

The relationship between pinhole diameter, Numerical aperture and light wave length



FWHM=Full Width Half-Maximum

Weak signal > open pinhole > more light but thicker section

Detectors - PMTs

Must be fast – confocal beam spends only a few μ s on each pixel



Pulse width for single photon ~ 10-100ns Very linear Very high gain ~ 0 read noise

Adjustment of detector gain/offset for image optimization



Multi-photon excitation





Multi-photon excitation does not excite out-offocus light, so you can get rid of the pinhole



Confocal Laser Scanning Microscope



Two-photon Laser Scanning Microscope

2π Microscopy is superior for thick specimen



- Less susceptible to loss of signal due to scattering
- Low tissue absorption at 700-1000 nm

Fluorescence quantum yields (Φ_F) of twophoton absorption cross-sections (σ)



https://www.thermofisher.com/uk/en/home/references/molecular-probes-the-handbook/technical-notes-and-product-highlights/fluorescent-probes-for-two-photon-microscopy.html

Non-Descanned Detectors (NDD)





NDD module type A, 2 channels for upright microscopes, BIG NDD module as channel 3+4 Two-photon Microscopy of Neuromuscular Junction Endplates Yu Cheung / Richard Webster / Susan Maxwell /Prof. David Beeson



Neurofilament (Green) / Bungarotoxin/AChR (Red) / Second Harmonic Generation (Blue)

Spinning Disk Confocal



Image with many pinholes at once > fast

Use CCD as detector (not detector) > so much higher Quantum Efficency

The Spinning Disk



Larger pinholes - brighter image, but less "confocal"

Pinholes fixed size: Typically = 50um (optimised for biology)

How big should your pinhole be?

- Width of point spread function at pinhole = Airy disk diameter × magnification of lens = 1 Airy unit
 - = resolution of lens × magnification of lens × 2
 - -100x / 1.4 NA: resolution = 220nm, so 1 Airy unit = 44 μ m
 - 40x / 1.3 NA: resolution = 235nm, so 1 Airy unit = 19 μm
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Pros/Cons of spinning disk

- Fast multiple points are illuminated at once
- Photon efficient high QE of CCD
- Gentler on live samples usually lower laser power
- Fixed pinhole except in swept-field
- Small field of view (usually)
- Crosstalk through adjacent pinholes limits sample thickness

Detectors - PMTs vs CCDs



Scanning Confocal vs Spinning Disc Confocal



Spinning Disc



Speed	Slow (secs)	Fast (msecs)
Sensitivity	ОК	ОК
Flexibility	Good	Poor
Bleaching	Poor	Good
Pretty Pictures	Unbeatable!	Pretty damn good!
Pretty Movies	Good – if process slow	Unbeatable!

Spinning disc examples



Plasma membrane dynamics in a mouse embryo fibroblast (MEF) that expresses a fluorescent fusion protein that localizes to the plasma membrane (KRas2-YFP)

Dividing HeLa cells

Light sheet microscope



Advantages:

- ✓ Fast
- ✓ High resolution
- ✓ Low light required
- $\checkmark\,$ Uses cameras instead of detectors

Disadvantages:

- ✓ More difficult sample mounting
- ✓ Immense data volume
- Requires ultrafast hardware [PC discs, transmitting cables and storage devices]
- Requires dedicated processing computers

Great for in vivo 3D time-lapse data at single cell resolution
Which imaging technique should I use?



Useful online links

- Zeiss Microscopy from the very beginning http://zeiss-campus.magnet.fsu.edu/index.html
- Molecular Expressions homepage <u>http://micro.magnet.fsu.edu/</u>
- Alison J. North. Seeing is believing? A beginners' guide to practical pitfalls in image acquisition. JCB Volume 172(1):9-18 January 2, 2006